

UpToDate 電子資料庫 Email 功能操作流程

步驟

步驟一



步驟二

本館簡介 館藏查詢 電子資源整合查詢系統 新進目錄 文獻傳遞服務 網路資源 實證醫學

電子資源整合查詢 登入者：葉怡君 所屬部門：★教研部圖書室 登出

電子期刊
電子書
資料庫
資料庫院外使用說明
Endnote基礎教用

國外電子期刊

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點選資料庫

序號	科別	刊名	院內訂購版本
1	消化內科	Journal of Gastroenterology Hepatology	Print
2	神經內科	Stroke	Print
3	內分泌科	Journal of Clinical Endocrinology and Metabolism	Online
4	內分泌科	Endocrine Reviews	Online
5	身心科	Journal of Psychiatric Research	Online
6	外科	The Annal of Surgery	Print
7	外科	British Journal of Surgery	Print
8	心臟外科	Annals of Thoracic Surgery	Online
9	神經外科	Neurosurgery	Online
10	整形外科	Plastic and Reconstructive Surgery	Online
11	婦產科	Obstetrics & Gynecology	Online
12	小兒科	Pediatrics in Review	Online
13	放射科	American Journal of Roentgenology (AJR)	Online
14	腫瘤科	International Journal of Radiation Oncology Biology Physics	Online
15	感染科	Journal of Clinical Microbiology	Print
16	泌尿科	The Journal of Urology	Print

步驟三

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國外醫學期刊資料庫

資料庫名稱	資料庫概述	連線範圍
PubMed	美國國家醫學圖書館(National Library of Medicine)提供所有大眾使用。可查詢Medline資料庫與其他未被Medline收錄的生物醫學文獻，亦提供查詢文獻的全文連結及相關資源連結。	不限
ProQuest Medical Library	醫學期刊全文資料庫，包含880多種醫學類全文期刊(如Lancet等)。	限院內IP
Micromedex Healthcare	包含藥物索引系統、藥物交互作用系統、靜脈注射相容性索引系統。	限院內IP
HighWire	由美國Stanford University 圖書館所設置，為一個電子期刊平台，許多學會期刊透過此平台出版其電子版。此平台之電子期刊90%會在出版一年後(12個月後)開放為Free，供所有人自由取用。	不限
Free Medical Journals	收錄73種各國免費醫學期刊。	不限
SpringerLink	收錄469種醫學期刊，部份免費下載。	不限
SUMSearch	為醫學資源的整合查詢，透過Internet的介面就可以進行檢索查詢多個資料庫，並提供完整的實證醫學資料。	不限
MedlinePlus	美國國家醫學圖書館提供給一般民眾的醫學資訊網。	不限
Cochrane library	國家衛生研究院推廣使用之實證性醫學資料庫，由國際實證醫學中心Cochrane Collaboration在世界各地的12個Cochrane Center擔任及推動各相關主題的實證研究工作；各主題的研究團隊分別從龐大的醫學資料庫中嚴格過濾、評語這些文獻，並做系統性文獻回顧及綜合分析，以方便應用於臨床工作中，作為照護病患的依據。 國家衛生研究院Cochrane Library推廣計劃網頁： Link 。(若編碼有問題，請將之改為Unicode)	限院內IP
Cochrane library 中文版	國家衛生研究院衛生政策研發中心為落實國內實證醫學的發展，自2006年開始引進英國考科藍實證醫學資料庫(Cochrane Library)於國內作推廣。 然而，許多醫療人員會表示，閱讀英文期刊時具有語言障礙。本院為利各級醫療人員便於閱讀，特選定以Cochrane Database of Systematic Reviews (CDSR 簡稱Cochrane Reviews)之文獻摘要進行中文化。在此資料庫中目前有51個群組，共3200篇文獻摘要(各醫學中心群組分配之配對表請見附錄一)，以每年增加300篇的速度下，預計在兩年內翻譯完成所有的文獻摘要3800篇，以便各級醫療人員使用。	限院內IP
UpToDate	UpToDate是為臨床醫學資源資料庫，可以快速回覆查詢之臨床醫學問題。UpToDate是由將近3000位的醫生所撰寫而成，他們閱讀peer-review的醫學期刊，加上他們的專業、意見和經驗而成，目前已包含將近7000種的topic review。 ●資料庫使用說明手冊： Link 。	限院內IP

Access醫學經典系列資料庫涵蓋超過230冊醫學權威、BIBLE等級的暢銷著作，結合各類數位媒材輔助，

步驟四

New Search: Search in another language

All Topics

Drug Interactions

步驟五

UpToDate[®] cancer All Topics

New Search Patient Info What's New Calculators

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Cancer prevention Email

TOPIC OUTLINE

- SUMMARY & RECOMMENDATIONS
- INTRODUCTION
- TOBACCO USE
 - Tobacco prevention and cessation
- EXCESS SUN EXPOSURE
 - Recommendations for sun protection
- PHYSICAL ACTIVITY
- EXCESS WEIGHT
- DIET
 - Dietary fat
 - Red meat
 - Fruits and vegetables
 - Dairy
 - Fiber
 - Glycemic load
 - Omega-3 fatty acids and dietary fish
- VITAMINS AND MICRONUTRIENTS
 - Vitamin D
 - Colorectal cancer
 - Prostate and breast cancer
 - Total cancer
 - Calcium
 - Colorectal cancer

Cancer prevention

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Disclosures

All topics are updated as new evidence becomes available and our [peer review process](#) is complete.
Literature review current through: Feb 2014. | **This topic last updated:** 三月 5, 2014.

INTRODUCTION — In 2008, there were an estimated 12.7 million cancer cases and 7.6 million cancer deaths worldwide, despite overwhelming evidence that many malignancies are preventable [1,2]. Survival rates are improving, but over half a million people die from cancer each year in the United States (US) alone. Cancer outranks cardiovascular disease as the number one cause of death in the US for those under the age of 85 [3].

Both screening and prevention can reduce mortality from cancer. Screening detects abnormalities before they are clinically apparent, allowing for intervention either before cancer develops or at an early stage, when treatment is most often effective. Prevention strategies focus on modifying environmental and lifestyle risk factors that promote cancer. It is estimated that 50 percent of cancer is preventable [4].

Multiple cancer risk factors have been identified; tobacco use, excess weight, poor diet, and inactivity account for two-thirds of all cancers in the US [5]. In one study, nine modifiable risks were identified as the cause of 35 percent of cancer deaths worldwide: smoking, alcohol use, diet low in fruit and vegetables, excess weight, inactivity, unsafe sex, urban air pollution, use of solid fuels, and contaminated injections in healthcare settings [6]. The International Agency for Research on Cancer (IARC) has identified and tabulated over 100 human carcinogens [7].

Lifestyle factors have been linked to a variety of malignancies, including the most common in the developed world: lung, colorectal, prostate, and breast cancer [8]. In a longitudinal study, participants who had all four lifestyle factors (never smoking, BMI <30, physical activity >3.5 hours weekly, prudent diet) had approximately one-third the risk of cancer compared to those who had none of these factors [9]. A comprehensive systematic review with a global focus conducted by the World Cancer Research Fund came

Topic Feedback

步驟六

說明：請於圖示紅框處輸入欲送達之電子郵件，按下 Send 即可收到。

Email Approach to the patient with dizziness - Windows Internet Explorer

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